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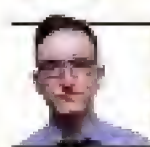
ACTUAL PROGRESS

Local firm brings in expert to set us on new path
with bike lanes **metroNEWS**

Union prez blasts 'culture of fear'

INVESTIGATION

Police survey raises concerns over workplace



**Kevin
Maimann**
Metro | Edmonton

Edmonton's police union president is calling for an independent investigation after a survey showed roughly 80 per cent of police officers feel they work in a "culture of fear."

"The findings suggest a psychologically unsafe workplace," Maurice Brodeur said at a press conference announcing the survey results Tuesday.

Close to 60 per cent of the 1,850 sworn members participated in the survey, conducted by the Edmonton Police Association.

It found close to 40 per cent of officers had looked for jobs outside of the Edmonton Police Service in

the last five years.

Brodeur said a large part of the "toxic" culture is coming from the top down and is rooted in a fear of being harshly punished for small mistakes, which is especially discouraging to young officers.

He said the disciplinary issues started under former police chief Mike Boyd and have worsened under current Chief Rod Knecht.

"We're known across the country as having the highest levels of discipline and accountability and the harshest punishment," he said.

Brodeur claimed the police commission and EPS have been dismissive of his concerns, and read one comment from an unnamed senior officer who said that differing opinions are not tolerated within the service, communication is secretive, and "sheep-like compliance is rewarded rather than energy and talent."

Knecht held a press conference in response Tuesday and said he is open to a third-party investigation of EPS.



**We're known across
the country as
having the harshest
punishment.**

Maurice Brodeur

He said he had a progressive relationship with the union under its previous leadership but does not meet often with Brodeur.

"I would say the relationship has deteriorated somewhat," he said.

Knecht said Brodeur's complaints are off base, noting EPS concluded 1,397 investigations in 2015 and only 4.5 per cent of those subjected officers to any form of discipline.

He said the public expects police officers to be held to high standards and a 94 per cent approval rating from residents in a recent public survey shows the system is working.

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CARBON LEVIES

NDP admits it wasn't aware of key clause



Jeremy Simes
For Metro | Calgary

Deputy Premier Sarah Hoffman admits the government wasn't aware of the "Enron clause" when drafting its carbon levy legislation.

On Monday, the government announced it's going to court to challenge the "Enron clause" — which lets power companies offload money-losing contracts if government actions make them unprofitable — as the NDP says it will saddle consumers with billions of dollars in losses from coal-fired power agreements.

In an interview, Hoffman said the government would have gone to court sooner if they were aware of the "clause."

"It seems this (court) is the only way it's going to be resolved," she said. "These three words could have \$2 billion tossed on Albertan's bills. We're not going to stand for that and fight for Albertans."

The \$2 billion Hoffman refers to is losses that will be assumed by the Balancing Pool, which is wholly funded by residential and commercial electricity consumers.

Enmax, Trans-Canada, AltaGas and Capital Power — which have announced their intention to terminate their power-purchasing agreements

\$3 billion

The cost of the power purchase arrangements (PPAs) that were intended to be respected for a 20-year period.

(PPAs) for coal-fired electricity — have cited the government's increase to the carbon levy on large emitters.

Enmax said in a statement the PPAs were intended to be respected for a 20-year period by an industry that has paid nearly \$3 billion for them,

where proceeds were returned to Albertans via credits on their electricity bills.

"The Government of Alberta should have known about the implications of

its actions related to the PPA issue," Enmax said.

Mayor Naheed Nenshi backed Enmax.

"This suit is outrageous," he told reporters Monday evening.

"We have the spectacle of the provincial government suing itself because apparently it didn't know its own policies that have been in place for 15, 16 years and that Enmax has been abiding by."

Hoffman said the government still stands by its work, adding surrenders made \$10 billion in profits.

These three words could have \$2 billion tossed on Albertan's bills.

Deputy Premier
Sarah Hoffman



Adam O'Brien's company, Drone Zone, is one of the sponsors of the Canadian Drone Racing Championships in Edmonton this weekend, and Travis Ames is competing. KEVIN TUONG/FOR METRO

Drone racing tourney is cleared for takeoff

AERONAUTICS

Pilots set to compete in first ever Canadian championships



Alex Boyd
Metro | Edmonton

Racing is the next big thing to hit the drone world, and it's coming to Edmonton.

This weekend sees the first Canadian Drone Racing Cham-

pionship Cup, held in Edmonton, and it's all going down in a custom built indoor course on the K-Days grounds.

It's one of the first major drone races to happen in Canada.

The course features obstacles like bends, curtains and nets that drones must navigate, even as they reach speeds up to 160 km/hr.

The people flying them are seated, and wear goggles that allow them to see the feed from a drone-mounted camera, as if they were actually flying.

"I've always been into speed and sports, like go karting and ra-

cing dirt bikes," said Travis Ames, one of the almost 30 racers competing for the \$1,000 prize this weekend.

"But you'll get injured riding dirt bikes, but when you're piloting a drone you can push yourself," he said, "and when you hit the tree and destroy the drone you're like, 'I'm still alive!'"

Ames started racing about eight months ago, and now flies about "10 batteries a day" (because racing drones are so lightweight a battery only lasts three to four minutes, so pilots tend to measure time in battery packs rather than minutes).

Ames said he's looking forward to the weekend to meet new people and learn from other pilots.

Adam O'Brien, owner of local online shop Drone Zone, the event's title sponsor, said he hopes the event raises awareness for an up-and-coming sport.

"Who doesn't like something that's small, that goes fast and has crazy control? It's pretty obvious that these things are not easy to fly, so the difficulty part is cool, too."

Heats for the race will be happening most of the day Saturday and Sunday in Hall A at K Days.



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Engineer to study bike lanes

TRANSPORTATION

Traffic expert helped build Calgary's network



Kevin Maimann
Metro | Edmonton

A California traffic engineer visiting Edmonton to work on downtown bike lanes is confident our city streets can be transformed to be cyclist-friendly.

Rock Miller, who has led projects in a dozen North American cities with Stantec and most recently helped develop an extensive bike lane network in Calgary, rode through downtown Edmonton Sunday.

"The downtown area is notable for a very minimum of bike infrastructure," Miller said, adding that many cities have had the same problem when he started.

"In the example of Calgary, we started with a relatively



Tyler Golly and Rock Miller ride bikes in downtown Edmonton on Tuesday. KEVIN TUONG/FOR METRO

minimal amount of bike infrastructure and ended up adding as much in one year as any city in North America has done."

City council voted earlier this month to study temporary protected bike lanes on 102 Av-

enue, and Stantec pushed the project forward by matching the city's \$10,000 investment to study what a basic minimum grid downtown could look like.

Tyler Golly with Stantec said

the investment is important for the company as it moves its offices downtown, along with more than 1,500 employees.

"There are a number of folks that are currently cycling, and the move to down-

The downtown area is notable for a very minimum of bike infrastructure.

Rock Miller

town without bike infrastructure has a number of them scared," he said.

The city's urban transportation supervisor, Daniel Vriend, said the project will be similar in size and scope to Calgary's.

"We have great opportunities here in the city of Edmonton to leverage on what the city of Calgary has learned, as well as what Stantec learned from that process," Vriend said.

In Calgary, the design and planning process took a year, followed by an 18-month pilot project that wraps at the end of September — when their city council will decide whether to make all or parts of the bike lane network permanent.

A report will go to Edmonton city council in September.

COURT OF QUEEN'S BENCH

Judge nixes acquittal for teen in assault case

An Alberta judge who overturned a teenager's acquittal on a sexual assault charge has delivered a scathing "No means No" lesson to a lower-court colleague and his take on how victims are supposed to behave.

Justice J.E. Topolniski of the Court of Queen's Bench says the trial judge was wrong in his interpretation of the law in the case of a 15-year-old girl who was sexually assaulted by a boy at her high school.

The ruling issued July 21 says the girl initially laughed after the boy made suggestive comments and grabbed or touched her buttocks several times in a recorded incident that shows her smiling and giggling.

It says the boy then pushed the girl into a locker, where he again grabbed her buttocks and breasts and tried to kiss her but the girl moved out of the way and told him to go the opposite way as she turned a corner.

Topolniski says the boy followed the girl, pushed her into a closed doorway and proceeded to grab her buttocks and breasts and tried to kiss her as she attempted to push him away and fend him off with a water bottle.

The ruling says the girl said "No" and later texted a friend and attached a smiley face emoji with tears coming from its eyes and an acronym of "laughing my ass off."

The lower-court judge noted in his decision in April that the complainant did not seem dismayed after hearing the boy's disrespectful comments.

The ruling says the trial judge also noted that after being pushed into the doorway the girl "peacefully emerged" with her water bottle in one hand and a book in the other and did not communicate "any serious objection clearly to the accused."

Topolniski said the complainant's state of mind after the incident is irrelevant to the question of consent. "The requirement that a complainant raise the hue and cry has long since passed into the mists of time."

In overturning the acquittal, Topolniski convicted the boy. The case will return to youth court. THE CANADIAN PRESS



The requirement that a complainant raise the hue and cry has long since passed into the mists of time.

Judge J.E. Topolniski

SOCIAL MEDIA

Man apologizes for lesbian 'equality' post

A gay Alberta man who runs a pro-oilsands Facebook group has apologized for a post that claimed to support "equality" by portraying "hot" lesbians.

"If I could do it over I wouldn't have done it," Robbie Picard told Metro Tuesday.

The post featured a picture of two women kissing, with the text, "In Canada lesbians are considered hot. In Saudi Arabia if you're a lesbian you die! Why are we getting our oil from countries that don't think lesbians are hot?"

The image concluded with the phrase "Choose Equality! Choose Canadian oil!"

The picture was shared more than 1,000 times online and drew stern backlash from dozens of commenters on the Canada Oil Sands Community page who called it sexist, misogynistic and offensive.

Picard took it down Monday night and posted a public apology, and has since faced backlash from people who thought he should have left it up.

One man posted to the group's Facebook page that Picard should "grow some balls."

"Lots of backlash from both sides — leave it up, take it down, apologize, don't apologize," Picard said.



Robbie Picard.

COOPER & O'HARA PHOTOGRAPHY FILE

He said he made the post to draw attention to the consequences of getting oil from foreign countries with poor human rights records, and he feels Alberta's oilsands are unfairly targeted by critics.

He noted he has posted more graphic images on the page in the past, including a photo of two men who were hung for being gay. None of those images have garnered the type of reaction he got Monday.

"I don't want to offend anybody," Picard said.

"I wanted to try and strike up a conversation and I'm not sure if this was the right way about it and I'm sorry about that."

KEVIN MAIMANN/METRO

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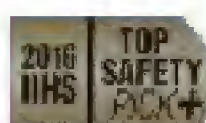
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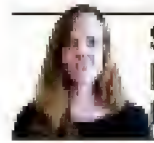
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Gala looks to break barriers

NETWORKING

Local event to unite African-Canadians, find influence



Samantha Power
For Metro | Edmonton

Idowu Ohioze is working to break a different glass ceiling than you usually hear about.

Ohioze, who's originally from Nigeria and will celebrate his tenth year in Canada this August, sees networking as a start to solving the difficulty that visible minorities face in gaining social and economic influence in Edmonton.

This September, he's helping organize an event aimed at that for African-Canadians living in Edmonton.

The Genesis Gala is the first event of its kind in the city.

"We are seeking economic empowerment," said Ohioze, who works as a lawyer at MacEwan University in pri-



Idowu Ohioze, left, and Odiri Mike-Ifeta are working to bring the province's black professionals together to create leadership and business opportunities. KEVIN TUONG/FOR METRO

vacy management. "There is underdevelopment in the community and we want to explore solutions."

Ohioze pointed out that many supports exist for recent immigrants who are just getting started or are struggling. But, he said, there's

"We are seeking economic empowerment."

Idowu Ohioze

little to help connect people of colour to create new opportunities.

His event is focused on black professionals in all fields who, he said, can start to work together to create leadership and economic opportunities.

"People need to be able to interact face to face," said Ohioze. "We want to create business ideas that can help the local economy and help people get higher in their career."

A 2011 study of several Canadian municipalities by Ryerson University showed a lack of representation by visible minorities in leadership positions.

The City of Edmonton's visible minority population has increased by 17.6 per cent between 2006 and 2011, with particular growth in migration from West African nations.

Ohioze and his partners have been organizing the event since February, and have even reached out to communities and connections in Calgary and outside Alberta to bring diverse perspectives.

Cathryn Heslep, the first black female vice president of Grant MacEwan and Sam Oboh, the first black president of the Royal Architectural Institute of Canada, will speak to the idea of breaking the glass ceiling in their professional fields.

SYRIAN REFUGEES

Fed funds send kids to camp

Glengarry School has been a hub of activity this summer, as Syrian kids aged 6 to 12 assemble to paint, play sports and get a jump on some academic work before they start school in the fall.

It's one of nine summer programs for Syrian newcomers, made possible by \$245,000 in funding from Immigration, Refugees and Citizenship Canada.

The summer camps are a collaboration between many Edmonton groups. Coordinated by REACH Edmonton, the likes of Boys & Girls Club, Islamic Family and Social Services and the AS-SIST Community Services Centre are pitching in.

"Canada is working to ensure that Syrian refugees are connected to their new communities in a meaningful way, as quickly as possible and REACH is proud to be a part of that," Lindsay Daniller, Director of Community Initiatives and Strategic Development for REACH Edmonton, said in a release.

Refugees began arriving in Canada last year, with almost 3,000 settling in Alberta. METRO

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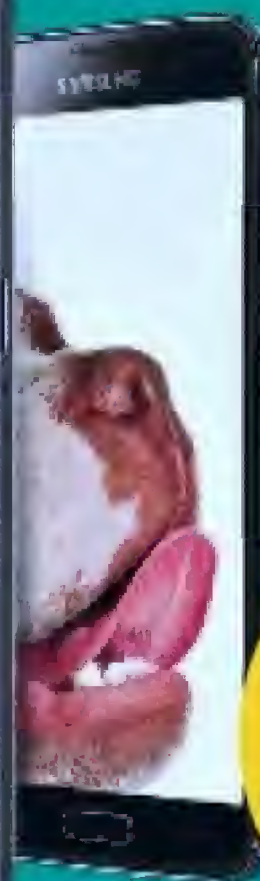
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'Use bathroom of birth gender'

MEDICINE HAT

Bar posts sign weeks after woman denied use of facilities



Helen Pike
Metro | Calgary

You must use the bathroom of your birth gender.

That's what a sign posted by management at the Corona Tavern in Medicine Hat read two weeks after River Rising had a problem at the bar.

The Calgary woman, who has used the women's bathroom since her teens, was denied entry into the establishment's restroom.

"They wanted to escort me into the men's washroom," Rising told Metro. "I haven't used a men's washroom since I was 16 years old. I have breasts; I've been going through my transition for a while."

A friend who lives in Medicine Hat brought the sign to



River Rising was denied entry to the bathroom of her gender expression at the Corona Tavern in Medicine Hat. Inset: Two weeks later her friends showed her this sign, which was posted after the incident. AARON CHATHA/METRO

Rising's attention. After it was posted on Facebook, the image was shared hundreds of times.

In a press release issued by the tavern, the nightclub apologized for the sign, saying they "never had intention

of making any human being feel unsafe."

"We want to be responsive to legislation and are look-

ing for a solution to address this, including the option of a private bathroom," the statement read. "We have no bias against those who are LGBTQ and in fact have always been proud to serve this population within our business."

According to the release, the tavern has had "numerous complaints" since Bill 7 was passed about men who are not trans entering the women's bathroom. Patrons reportedly felt unsafe and threatened as a result.

Rising similarly felt threatened by her experience. She said their bouncers began asking her personal questions about transitioning, whether she's had surgery — questions she said have nothing to do with her bathroom use.

"It's completely wrong," said Rising. "It made me feel hurt, isolated.... They couldn't kick me out of the bar for being trans because it made them feel uncomfortable; they made me feel uncomfortable so I would leave."



It made me feel hurt, isolated.... They couldn't kick me out of the bar for being trans because it made them feel uncomfortable; they made me feel uncomfortable so I would leave.

River Rising

In a way, Rising said she's glad this happened to her and not someone who could have been triggered into self-harm, depression or even suicide.

"It's not OK; it's illegal and it's completely inappropriate."

Rising is now looking into a formal complaint process against the bar.

Metro called Corona Tavern and left messages with staff asking for a response from management, but those calls haven't yet been returned.



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TECHNOLOGY

Bargain hunting in the digital age



Alex Boyd
Metro | Edmonton

An Alberta man is trying to bring tech to garage sale-ing.

Called Glickin, the app uses your location to create a list of all the garage sales in your area — complete with pictures, types of available items and even rankings from fellow bargain hunters.

"I'm a super fan of good deals," said creator Travis Lutz, from Grande Prairie.

Lutz previously owned a bargain-hunting magazine and said, "I'm a 'If it's on sale, I'm buying it' kind of guy."

But while garage sales bring together an assortment of stuff even online sites such as Kijiji can't match, Lutz had always stayed away from that.

He said he found the incomplete listings and hard-to-find locations too much of a hassle.

A couple of years ago, after trying to find a garage sale with his kids — and failing, then getting lost — he realized what was missing.

"I'm walking away with my phone in my hand, and that's when the idea occurred to me," he said. Still, he sat on the idea,

assuming someone else would pursue it, until his father passed away.

"It gave me that boost," he said. "The realization that it doesn't matter if I fail, I believe in it and I'm going for it."

Now, Lutz said connecting people with local sales has become a labour of love.

Since launching in May, Glickin has seen over 10,000 garage sales listed across Canada. People can list their own sales, and Lutz has also hired a small team to input sales from more traditional listings.

Lutz has also changed his bargain-hunting ways.

"I'm becoming a garage sale-r," he said. "The whole thing solved my own problem."



Travis Lutz is the creator of Glickin, a new app that makes garage-sale hunting easier.
CONTRIBUTED

PUBLIC TRANSPORTATION

Still no timeline for LRT signage

The City of Edmonton still has no timeline for when its LRT signs will turn on and come back to life.

The signs, which alert transit passengers to the time that the next LRT train will arrive at a given stop along the route, have been offline since April.

Metro spoke to Edmonton Transit in June and was told that the signs would be fixed "as soon as possible."

One month later, the situation is the same and the signs are still turned off.

City spokesperson Mary-Ann Thurber said behind-the-scenes work is still being done to address the problems in the system and to upgrade software.

There is currently no set date for the signs to be turned back on, she said.

The signs were also down for about a month in June 2015 for inaccurate signalling issues.

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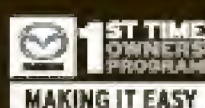
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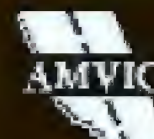


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Details emerge in arrest death

OTTAWA

Neighbours say Abdirahman Abdi a 'peaceful person,' quiet



Joe Lofaro
Metro | Ottawa

For the past six years, the owners of the Aljazeera Food and Meat Market in Ottawa's Hintonburg neighbourhood would often see Abdirahman Abdi stroll into their shop to buy phone cards to call his relatives in Somalia or to pick up some food for his family.

"He was a very, very quiet person. A very peaceful person. It was a big shock to me," said Hani — who declined to give his last name — from behind the counter Tuesday morning, still reeling from Abdi's death.

The 37-year-old Somali-Canadian's death on Sunday while in Ottawa police custody following an altercation is sending shock waves across the immigrant community and is now the subject of an investigation by the

Special Investigations Unit, a civilian police oversight agency. Several witnesses and family members say he suffered from an unspecified mental illness.

The SIU is currently interviewing two subject officers involved in the incident and five witness officers.

Graphic video footage emerged Tuesday morning on YouTube appearing to show Abdi lying motionless in front of the apartment building's entrance in handcuffs with his T-shirt and face covered in blood. At least one woman can be heard in the video wailing from inside the lobby, while a man tells four Ottawa police officers off-camera, "This is the family. I am the superintendent."

Another YouTube video — which, according to the person who posted it, was shot from the same building's ninth floor — appears to show Abdi moving his legs while he is pinned underneath an officer. In the distance, a man can be heard yelling, "What's wrong with you guys? What the heck?"

Residents express fear

Questions continue to swirl around the nature of Abdi's

death, which is making national headlines as the Ottawa Police Service faces backlash for how the event unfolded. Neighbours and fellow Hintonburg residents all say Abdi was a peaceful and quiet man.

Bosco Kiabu, originally from the Democratic Republic of the Congo, lives in the same building as Abdi's family. He said Abdi would often offer to help him bring bags into the building when he bumped into him. He was quiet and was not aggressive, he said.

According to Kiabu, things changed after Abdi returned to Canada from Somalia in early 2016. He was a different person, Kiabu said.

"Before he was good. He was talking," he recalled, before the trip to Somalia. But Kiabu says he noticed a change when Abdi returned from the Somalia trip.

"He was sick in the head. Like mental or something."

The incident has shaken Kiabu.

"I'm very scared. I'm scared when police come very close to me," he said. "That imagination come to me, like, I don't know, if I say any word it can happen like (Abdi)."



Clockwise from right: Abdourahman Kahim, a friend of the family, at a makeshift memorial outside Abdi's apartment building in Ottawa; ice cream shop owner Andrea Stokes writes on a street sign outside her store Tuesday; Kids write RIP with sidewalk chalk outside the building where the altercation took place. JOE LOFARO/METRO

STEPHANE MICHAUD

Abdirahman Abdi case evokes 2005 fatality



Haley Ritchie
Metro | Ottawa

You have to go back 11 years to find another case in which someone died, as Abdirahman Abdi did, after being restrained by Ottawa police.

That's what happened to Stephane Michaud in 2005. And while the circumstances of Abdi and Michaud's deaths are not the same, they are similar in that both died after being restrained by police.

Michaud, a 43-year-old Montrealer, arrived at the Ottawa airport on a one-way ticket from Halifax on the morning of June 5, 2005.

What happened next was the subject of a public inquest by Ontario's Ministry of Health and an SIU investigation.

About an hour after he arrived at the airport, Michaud — who held two university degrees, and who had been diagnosed with schizophrenia five years earlier — began acting strangely, banging his head on the floor and yelling that he

wanted to die.

An off-duty RCMP officer and airport staff tried to calm down Michaud, and three men eventually restrained him until Ottawa police arrived.

But they struggled to restrain Michaud. Eventually, he was handcuffed and placed on a stretcher in "prone" position — face down, with his chest to the ground.

He was injected with a sedative and became calm — until a bystander realized his face was turning blue. Paramedics and officers tried to resuscitate

Michaud, but he was pronounced dead in the emergency room after arriving at the Ottawa Hospital.

The investigation into Michaud's death started in June 2005 and ended two years later when the results of a 12-day government inquest were made public. Investigators talked to family and eyewitnesses and reviewed surveillance tape to piece together what happened.

Both paramedics and police officers on scene were cleared of criminal wrongdoing.

Michaud's autopsy character-

ized his death as an accident, but blamed the "prone position" he was placed in for cutting off his air supply.

The inquest made 11 recommendations and criticized first responder training and response time. During the inquest, Alain Michaud, a medical doctor, linked his brother's death to similar incidents across the country where a patient being arrested has gone into "excited delirium" and eventually died after being forced into the prone position.

"I realized there were a lot

of people who died in the same way as my brother," he told the Ottawa Citizen in 2006.

In the end, the inquest's recommendations resulted in 38 more paramedics being hired to improve response times, extra training to deal with psychiatric patients and a ban on using the prone position in Ottawa Paramedic Service policies.

The family didn't sue after his death, but Michaud's brother Gilles Michaud told the newspaper that he hoped the results of the inquest would prevent future deaths.

FINANCE

Banks to share offshore files

The Trudeau government has won a round in its battle against offshore tax cheats.

Two banks have agreed to give the federal revenue minister information from the accounts of a Caribbean financial institution to help the government crack down on Canadian tax evaders.

The Federal Court of Canada has approved federal requests for seven years' worth of transaction information from the Royal Bank of Canada and Citibank, N.A., related to accounts in the name of Cayman National Bank Ltd.

The Royal Bank and Citibank — neither of which opposed the

federal demands — have 120 days to hand over records from Jan. 1, 2009, through Dec. 31, 2015, including account statements, deposit slips, cheques, bank drafts and wire transfer orders.

The Canada Revenue Agency plans to comb through the data to see if residents are using the Canadian dollar accounts, opened by Cayman National Bank, to transfer funds to Canada and avoid reporting taxable income from their foreign holdings.

The move is part of the government's ongoing efforts to

fight offshore tax evasion, said revenue agency spokesman David Walters. "The CRA is committed to combating the abusive use of offshore jurisdictions and protecting the integrity of the Canadian tax system."

In this case, the revenue agency has not yet identified Canadians suspected of an offshore tax dodge. However, Letkeman says the agency was alerted to the possible ruse by a Canadian who voluntarily disclosed her dealings through a program that allows those who come forward to avoid prosecution.

THE CANADIAN PRESS

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Hillary makes history

U.S. ELECTION

Clinton is the first woman to win nomination for president

On a night awash in history, Hillary Clinton triumphantly became the first woman to lead a major American political party toward the White House, breaking through a barrier that painfully eluded her eight years ago.

She put an electrifying cap on the Democratic convention's second night, appearing by video from New York and declaring to cheering delegates, "We just put the biggest crack in that glass ceiling yet."

Minutes earlier, former president Bill Clinton took on the role of devoted political spouse, declaring his wife an impassioned "change-maker" as he served as character witness. He traced their more than 40-year political and personal partnership in deep detail.

"She has been around a long time," he acknowledged. Casting her experience as an attribute, he added, "She's been worth every single year she's put into making people's lives better."

For a man more accustomed to delivering policy-packed stem-winders, Clinton's heartfelt address underscored the historic night for Democrats, and the nation. If she wins in November, the Clintons would also be the first married couple to each serve as president.

She will take on Donald Trump, who won the Republican nomination a week ago. Trump, who campaigned Tuesday in North Carolina, mocked the former president's speech

"We just put the biggest crack in that glass ceiling yet."

Hillary Clinton



Hillary Clinton on Monday in Charlotte, N.C. JUSTIN SULLIVAN/GETTY IMAGES

in advance, calling him "over-rated."

At Trump's convention last week, Clinton was the target of blistering criticism of her character and judgment, a sharp contrast to the warm and passionate woman described by her husband. Seeking to explain the vastly different perceptions of his wife, Clinton said simply, "One is real, the other is made up."

The former president took voters back to a time before an affair with an intern led

to his impeachment — and to intense public scrutiny of the first couple's marriage. While her aides believe his past transgressions are old news to voters, they have flared up anew at times during the campaign, with Trump often leading the charge.

Bill Clinton headlined the second night of the Democratic convention, a jubilant celebration of her formal nomination for president. In an important move for party unity, her primary rival Bernie Sanders

helped make it official when the roll call got to his home state of Vermont, prompting delegates to erupt in cheers. It was a striking parallel to the role Clinton played eight years ago when she stepped to the microphone on the convention floor in Denver in support of her former rival, Barack Obama.

This time, Clinton shattered the glass ceiling she couldn't crack in 2008.

She leads a party still grappling with divisions. Moments after Clinton claimed the nom-

ination, a group of Sanders supporters left the convention and headed to a media tent to protest what they said was their being shut out of the party. At the same time, protesters who had spent the day marching in the hot sun began facing off with police.

Trump cheered the disruptions from the campaign trail. In North Carolina, he told a convention of the Veterans of Foreign Wars that, "our politicians have totally failed you."

THE ASSOCIATED PRESS

ASIA

Japan shocked by mass slayings

The killing of 19 people at a home for the mentally disabled raised questions about whether Japan's reputation as one of the safest countries in the world is creating a false sense of security.

The deadliest mass killing in Japan in the post-World War II era unfolded early Tuesday in Sagami-hara, about 50 kilometres west of Tokyo, when authorities say a former employee broke into the facility and stabbed more than 40 people before calmly turning himself in to police.

While not immune to violent crime, Japan has a relatively low homicide rate of well under one per 100,000 people. Mass killings usually are seen half a world away on the nightly news.

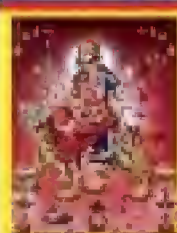
Because such massacres are rare, Japan has become overconfident about its safety, a Japanese criminologist said.

For crime prevention, the country relies on its social system in which a group mentality sacrifices individual freedom for collective safety, said Nobuo Komiya, a criminology professor at Ritssho University in Tokyo.

As a result, it has neglected risk management, he said.

"Japan has put an emphasis on not creating criminals, but it is reaching a breaking point," Komiya said. "Like in foreign countries, I think institutions need to develop a plan in operational management and prepare for a worst-case scenario, given that criminals are inevitably born." THE ASSOCIATED PRESS

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FRANCE

Murderer of priest was under surveillance

Daesh crossed a new threshold Tuesday in its war against the West, as two of its followers targeted a church in Normandy, slitting the throat of an elderly priest celebrating Mass and using hostages as human shields before being shot by police.

One of the assailants was identified as Adel Kermiche, a 19-year-old who grew up in the town and who had tried to travel to Syria twice last year using family members' identity documents, but was arrested outside France and handed preliminary terrorism charges.

Kermiche was put under house arrest with an electronic surveillance bracelet after a judge overruled prosecutors and agreed to free him, Mo-



Two women mourn Rev. Jacques Hamel on Tuesday.

CHARLY TRIBALLEAU/AFP/GETTY IMAGES

lins said. However, the bracelet was deactivated for a few hours every morning as part of the surveillance agreement, Molins said — hours that corresponded to the time of Tues-

day's attack.

It was the extremist group's first attack against a church in the West, and fulfills longstanding threats against "crusaders" in what the militants

paint as a centuries-old battle for power. One of the attackers had tried twice to leave for Syria; the second was not identified.

"To attack a church, to kill a priest, is to profane the republic," French President Francois Hollande told the nation after speaking with Pope Francis, who condemned the killing in the strongest terms.

The Rev. Jacques Hamel was celebrating Mass for three nuns and two parishioners on a quiet summer morning in Saint-Etienne-du-Rouvray when the attackers burst in and forced the 85-year-old priest to his knees before slicing his throat, according to authorities and a nun who escaped.

THE ASSOCIATED PRESS

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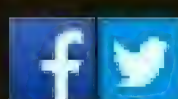
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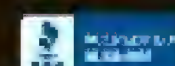
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BlackBerry reveals its new phone

MOBILE DEVICES

DTEK50 built to fend off cyberattacks, company says

In a bid to once again make its struggling hardware business profitable, BlackBerry is launching a new smartphone billed as the most secure Android device available.

The company on Tuesday unveiled the DTEK50, a phone it hopes will appeal to "everyone" due to the insidious threat that mobile security risks now pose to the public.

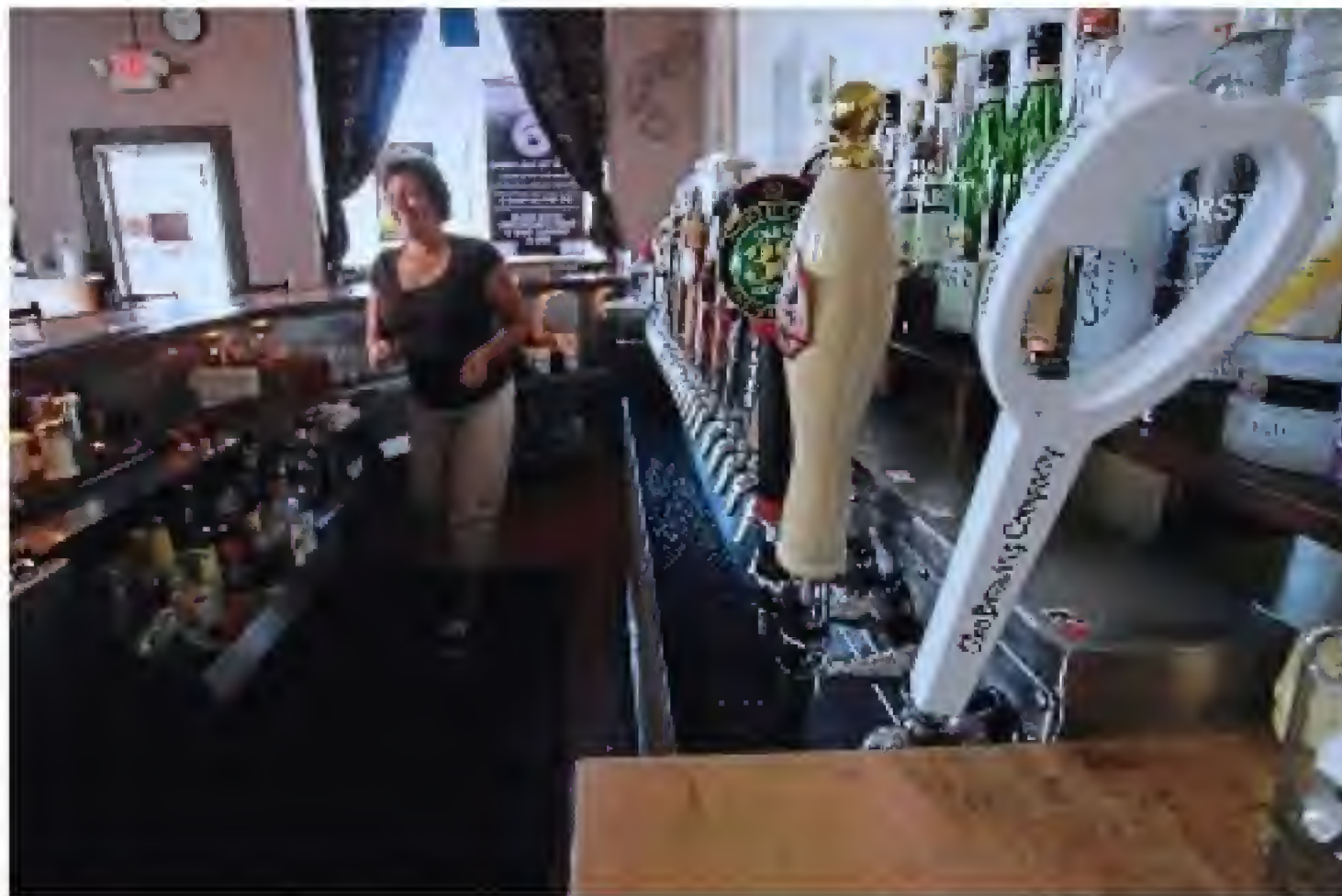
BlackBerry said the DTEK50 has been designed to fend off

cyberattacks with features such as built-in malware protection and encryption of all user information. In addition, it provides the ability to see and control which apps are allowed access to features like the phone's camera.

The phone is BlackBerry's thinnest and has an on-screen keyboard — not its traditional keyboard.

The DTEK50 will retail for \$429, a sign that the company may have learned from the sales flop of its first Android-powered phone, the Priv. At a cost of \$899 without

a carrier contract, the Priv was released late last year and at the time, it was the most expensive Android phone on the market. THE CANADIAN PRESS



CRAFT BREWERIES FIRMS TAP INTO A BOOMING BUSINESS

Bartender Catherine Pierluissi walks past a bank of beer tap handles at Sugar Maple in Milwaukee, where there are at least 60 beers on tap. The number of craft breweries has more than doubled in the last five years, making tap handles that go in bars to promote their beers big business. AJS Tap Handles in Random Lake, Wis., is one of the largest makers of tap handles and made some of the handles shown here, including the white O'so Brewing Company handle in front. CARRIE ANTLINGER/ THE ASSOCIATED PRESS

INTERNET

U.S. lays out response plan for cyberattacks

The White House warned Tuesday of a "revolution" of computer-generated threats to the U.S. stoked by growing cyber aggression by traditional U.S. foes like Russia and North Korea, and issued a colour-coded response plan for the U.S. government to use after major cyberattacks.

Lisa Monaco, U.S. President Barack Obama's homeland security and counterterrorism adviser, said while Russia and China grow "more assertive and sophisticated" online, Iran has attacked U.S. banks and North Korea is showing a willingness to attack companies and countries alike. She also warned that non-governmental actors, like

Daesh and "hacktivists," are finding it easy to advance their goals through the internet.

"To put it bluntly, we are in the midst of a revolution of the cyber threat — one that is growing more persistent, more diverse, more frequent and more dangerous every day," Monaco said at a cybersecurity conference in New York.

Aiming to streamline Washington's response to major attacks, Obama released a presidential policy directive that establishes six levels of severity for attacks, a colour-coded system formally used by the Homeland Security Department. THE ASSOCIATED PRESS



AUTOMOBILE SCANDALS

Investigators say Tesla car speeding at time of crash

The driver killed when his Tesla sedan crashed while in self-driving mode was travelling at 9 mph (about 14 km/h) above the speed limit just before hitting the side of a tractor-trailer, U.S. accident investigators said.

Data downloaded from the Tesla Model S shows the vehicle was travelling at 74 mph (119 km/h) in a 65-mph zone in Williston, Florida, the National Transportation Safety Board said in a preliminary report.

The driver was using the sedan's cruise control and lane-keeping features at the time, the report said. THE ASSOCIATED PRESS

Volkswagen emissions deal clears its first hurdle

A U.S. judge on Tuesday gave preliminary approval to a nearly \$15 billion US settlement over Volkswagen's emissions cheating scandal. The deal includes an option for owners to have the carmaker buy back their vehicles.

The German carmaker has agreed to spend up to \$10 billion buying back or repairing about 475,000 Volkswagens and Audi vehicles with 2-litre diesel engines and paying their owners an additional \$5,100 to \$10,000 each.

The deal does not cover Volkswagens and Audis with 3-litre engines. THE ASSOCIATED PRESS

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GUEST OP-ED ROBIN V. SEARS DEFENDS U.S. CONVENTION GLITZ



If you had sat in New York when Mario Cuomo gave his 'city on the hill' speech, or in Denver as Obama captivated more than 50,000 souls, you'd have respect for the power of American political showmanship.

It is a predictable four-year ritual for Canadian pundits to sneer at the glitz, showmanship and substance-free style of American political conventions. Those sneerers merely reveal their ignorance of cultural differences.

First, U.S. conventions on television are the tip of a political iceberg. Each day there are more than one hundred caucuses, off-site speeches and parties, parties, parties. Having sacrificed my liver in the interests of political education on more than 10 occasions as a "foreign guest" of both Republican and Democratic conventions, I can attest that they are a powerful and effective political tool.

Yes, we would not feel comfortable being used as a TV audience for four hours for four nights at our conventions. And yes, the glitz and hyperbole and the comedians and stars seem over-the-top to Canadian sensibilities. We are not Americans.

When U.S. visitors sag wearily at our less show-bizzy conventions and roll their eyes at our captivating two-hour constitutional debates, we should perhaps honour, not sneer at, our cultural differences. Our respect for those differences is an important glue in our friendship.

If you sat in New York when Mario Cuomo gave his "city on the hill" speech; or saw the unknown state senator from Illinois electrify the 2004 convention in Philadel-

phia, watched in horror by Hillary Clinton only a few feet away; or sat slack-jawed in 2008 as Obama in Denver captivated more than 50,000 souls, who had waited not less than three hours frying in 30 C-plus heat in a massive stadium — you'd have respect for the power and impact of American political showmanship.

Common to both our convention cultures is bonding — activists who never get to see each other

have become too elitist, too exclusive ... and worst of all, too boring to a new generation.

Would any Canadian political-convention director have had the guts to risk potty-mouthed Sarah Silverman and Sen. Al Franken doing a comedy routine on opening night? Or risk having a cerebral-palsy speaker becoming a lightning rod for exploitation criticism?

Candidly, no. As a result, Canadian political conventions get embarrassing TV

So the next time someone sneers at the "shallow American glitz" of U.S. political conventions, you might mildly point them to YouTube highlight reels: Goldwater's 1964 "Extremism is no vice!" speech, Jesse Jackson's bitter concession speech, Bill Clinton's stage-stealing speech in 2008 and a dozen others.

This year, turn to the DNC's "Studio 2016" on your smartphone to see not only a live stream of the entire convention but dozens of side alleys to interviews, profiles and commentary provided by a huge team of digital-production experts. Then be in awe of the ability of America's political professionals to meld star power, technology and political organization in a way no other democracy can do.

If you need further proof about impact, look up Cory Booker, as the networks split the screen to show the oratorical political star of his generation, Bill Clinton, stare at first skeptically and then with smiling interest and finally with ecstatic pleasure at Booker's barn-burner. See Michelle Obama deliver a speech so stunning it will be studied for years. Elizabeth Warren's forensic evisceration of America's Berlusconi. And Bernie Sanders' demonstration of genuine political grace in rallying his heart-broken supporters to his enemy.

Imagine the young voter in rural Mississippi or a Newark slum moved by such oratory, seeing for the first time possibility and promise and potential. Then accept that yes, U.S. conventions are very American.

But no, they are not shallow. They are a key pillar of their democracy.

Robin V. Sears is a leadership fellow at the Broadbent Institute.



ONLY IN AMERICA Sen. Al Franken and comedian Sarah Silverman speak during the first day of the Democratic National Convention in Philadelphia on Monday. THE ASSOCIATED PRESS

except at these occasions will drink, eat and ... spend the night together. Sometimes in ways that form the bonds of party solidarity, sometimes generating the next generation of convention partiers. Alliances are struck; political partnerships are formed. Political wounds are healed over a final 4 a.m. toast in a garbage-strewn empty hospitality suite.

Political parties have a hard time today winning a share of their activists' time and enthusiasm. They compete with Pokémon, Snapchat and preening sports stars for attention. It's partly their fault: They

ratings. The best nights for U.S. conventions are at the level of Super Bowl audiences.

This is not about show-biz; it is about political mobilization. No one can dispute their approach is more effective than ours. Behind the scenes they do the private interpersonal work of party building. In public they do the work of introducing their voters to their choices in a compelling and high-impact manner.

Proof? Each party typically gets a 3 to 6 per cent boost in popularity following their nights of celebration. Ours never do.

This is not about showbiz, it is about political mobilization. No one can dispute their approach is more effective than ours.

'Peg deserves better than to have Hull in hall



Colin Fast
Metro | Winnipeg

For the past 15 years, True North Sports & Entertainment has been an ideal corporate citizen in Winnipeg. It brought two professional hockey teams to town (the Winnipeg Jets and, before them, the Manitoba Moose), built an arena and a training complex, raised millions for charities and is investing millions more in redeveloping the city's downtown.

So why the hell is the company inducting Bobby Hull into its new Winnipeg Jets Hall of Fame?

Of course Hull is celebrated locally for his role in bringing pro hockey to Winnipeg in the early 1970s and for helping the Jets win several WHA championships. His exploits on the ice are unassailable.

Unfortunately, his well-documented troubles off the ice have largely been forgotten over the years. So maybe it's time for a refresher.

Hull's second wife, Joanne, accused him of abuse during their 20-year marriage, which included his time with the Jets. During one incident, she said, he threatened her life with a loaded shotgun. During another, she said, he beat her in the head with the heel of a shoe and then dangled her over a balcony. "I thought, this is the end, I'm going," she told ESPN as part of a 2002 documentary. And physical cruelty was featured prominently in testimony during the couple's 1980 divorce.

The abuse was corroborated by Hull's own daughter, now an attorney who specializes in domestic-violence cases, during an ESPN interview.

Hull remarried in 1984, and two years later was arrested on charges of battering his third wife, Deborah, during an argument in the parking lot of their Chicago-area condo complex. "There was evidence he had struck his wife in the face," police said at the time. "She had some contusions, some swelling."

Hull's wife later refused to press charges against him, but he did plead guilty to assaulting a police officer during the incident.

When he was asked by the National Post in 2010 about previous allegations of abuse, Hull said, "I think my wife is a better wife now than when we got married."

If that isn't repugnant enough, consider Hull's quotes in a 1998 Moscow Times story when he said the black population in the U.S. was growing too fast and that Hitler "had some good ideas. He just went a little bit too far."

Credible domestic-violence allegations, assaulting a police officer, and racism? Pro-Hitler sentiments? Geez.

This organization rightfully shipped Evander Kane out of town for skipping a few practices and restaurant tabs, yet it's going to throw a celebration for Bobby Hull?

This honour might make a few old-time hockey fans happy, but it's a crosscheck to the face of the wider community that True North has tried so hard to serve over the past 15 years. Hull may have been a great Jet, but the Jets, True North and Winnipeg are better than Bobby Hull.

Colin Fast is a communications specialist and freelance journalist in Winnipeg. Find him @policyfrog on Twitter.

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Mooove over conventional dairy

WATER BUFFALO

A boom in an unusual milk is being driven by foodie culture

Genna Buck
Metro Canada



At Gerry McClintock's home, buffalo roam.

Business is booming at his family dairy farm near Courtenay, B.C. — but not thanks to conventional dairy cows.

He raises water buffalo: docile, river-dwelling dairy animals of South Asian origin; not to be confused with North American bison or African buffalo — you'd be wise not to try milking either of those.

He's milking a growing market for products made with rich, creamy buffalo milk.

In the five years he's been in business, growth has been strong and steady at about 10 per cent a year, until now.

"Recently it's really started to take off," McClintock said. "We're expecting growth in the 30 per cent range this year."

About half his milk is made into yogurt even thicker than the Greek type, because it's so high in fat and milk solids and naturally exists in a homogenized state.

The rest is sold to producers of cheeses including mozzarella di bufala, an ultra-creamy Italian delicacy that's particularly tasty in a Caprese salad with tomatoes and fresh herbs.



Water buffalo from the McClintock family's herd near Courtenay, B.C. CONTRIBUTED

Georgs Kolesnikovs, founder and director of the Great Canadian Cheese Festival, is a fan.

"Buffalo milk makes an exceptional cheese. It's porcelain white. It's a richer, fattier cheese than cow's milk and the taste is a richer dairy taste," he said.

And nothing, he said, compares to buffalo ice cream: "The first time I had ice cream with water buffalo, I asked, 'What is this? This is just heavenly!' Very

creamy, very rich, very white."

Kolesnikovs, too, has witnessed a buffalo boom. "When I started the first cheese festival in 2011, I think I could count the number of cheese producers using this milk on one hand. There were maybe two or three," he said. "Now there are probably two dozen."

Why? Growing interest in gastronomy.

"It's driven by the real cheese enthusiasts, the foodies. They

want something better, more natural, healthier, more local."

McClintock recognized the demand for the types of products he produces: with no additives or imported ingredients, using animals that are 100-per cent grass-fed.

But there's another reason he got into the buffalo business after years as a beef farmer. His daughter studied dairy farming and had wanted to get cows, but the amount the family

NUTRITION COMPARISON

Per 100g of milk

Cow's milk

Calories 62
Protein 3.3 g
Fat 3.3g
Calcium 112 mg

Buffalo milk

Calories 99
Protein 4.0g
Fat 7.5g
Calcium 191g

U.N. FOOD AND AGRICULTURE ORGANIZATION



Mozzarella di bufala is a creamy Italian cheese made with buffalo milk. A version is now being made in Canada. ISTOCK

would have to pay for a quota — a one-time fee of \$43,000 per animal, according to the B.C. milk marketing board — "didn't make economic sense."

And buffalo yogurt and cheese, still niche items and mostly handmade, command a premium price, as opposed to commodity-priced cow's milk.

Still, Kolesnikovs doesn't expect Buffalo stuff to sell on par with conventional dairy any time soon. There's still a large

group of Canadians who are icked out by buffalo dairy — possibly because it's "exotic" and unfamiliar.

They might warm up to the idea after meeting a water buffalo in person. Compared to cows, they're positively cuddly, with personalities, "just like a dog," according to McClintock.

"Supposedly they make wonderful pets, if you want a 2,000-pound pet," Kolesnikovs said.



JOHANNA SCHNELLER WHAT I'M WATCHING

A sketch show that knows when to keep it short

THE SHOW: *Baroness von Sketch Show*, Season 1, episodes 3, 4, 5

THE MOMENT: The short sketches

Episode 3: The title card reads, "Moms Say Hello." One by one, various moms knock on back doors, pass each other walking, answer phones, tentatively open basement doors. Each time, they trill "Helloooo" or "Hellow?" or "Heh-LO!"

Episode 4: Four office mates finish digging a grave, then roll in a wrapped corpse. "Stop crying," one says to another. "We all agreed: F— Tom, marry Jane, kill Todd. Now call Tom, he's going to be so excited."

Episode 5: A woman approaches her very pregnant friend. "May I touch?" she asks. "Go ahead," the friend replies. The woman reaches out and squeezes her friend's breasts. "So beautiful, what a miracle,"

she coos.

The CBC wisely renewed this series almost immediately after it began airing. Rejoicing abounds. The sketches are consistently fresh and funny, and here's one big reason why: writer/performers Carolyn Taylor, Meredith MacNeill, Aurora Browne and Jennifer Whalen understand that some sketches are meant to be brief.

That may sound simple, but it eludes too many comedy

shows, including the granddaddy, *Saturday Night Live*. How many times have you laughed at an SNL sketch as it began, only to feel your smile fade as it drags on?

The Baronesses don't belabour. This frees them up to cram the maximum amount of funny into 22 minutes. And as a viewer, you get to relax, because you know that if a bit goes longer — unlike the trio in Episode 5 who do an

intervention with a pal who can't tell a story right — it's worth it.

Baroness von Sketch Show just wrapped its first season on CBC-TV, but you can watch episodes online on the CBC website.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



The women of the *Baroness von Sketch Show*. CONTRIBUTED



Carrie Fisher and dog Gary on stage during Future Directors Panel at the Star Wars Celebration 2016 on July 17 in London, England. BEN A. PRUCHNIE/GETTY IMAGES FOR WALT DISNEY STUDIOS

‘Old Leia’ loves fishing for laughs

INTERVIEW

Carrie filling Star Wars break with comedy gala in Montreal

Carrie Fisher is used to feeling the love from Star Wars fans, but some younger devotees have left the screen star in stitches with their unexpected reactions to meeting Princess Leia in real life. “What’s hilarious is when they’re really teeny,” said Fisher in a phone interview from London, which played host to the recent Star Wars Celebration Europe fan experience.

“There was one yesterday whose parents brought her, and she was about five or six. And she was very disappointed because she didn’t want to meet the old Leia, which is how I think about myself: Old Leia! Like a horse that’s been put out to pasture,” added the wise-cracking star, laughing. “It sounds like an aftershave. ‘Old Leia!’”

Fisher recently wrapped filming the latest Star Wars instalment, and will be transitioning from a galaxy far, far away to a Canadian comedy

stage this weekend. She is the headlining host of a Just For Laughs gala in Montreal on Sunday night, which is being filmed for TV and slated to feature comics including The Daily Show correspondent Ronny Chieng.

“I love comedians,” said the 59-year-old star, citing Sarah Silverman and Melissa McCarthy among her favourites. “They’re very dark. They usually tell too much truth about themselves and reveal too much, so I find I have a lot in common with them.”

The Force Awakens introduced fans to several new characters, including Rey (Daisy Ridley). When asked if Rey’s origin story — and a potential connection to Leia — will be revealed in the next film, Fisher said she’s as in the dark as fans are.

“I want to know that stuff too, but we have very little exposure to the script,” she said.

“We’re allowed to read it, and then mostly, it’s focused on your part, so you didn’t see it in a kind of overall context of it.”

Fisher recently teamed with Canadian singer-songwriter Rufus Wainwright on Take All My Loves: 9 Shakespeare Sonnets.

She contributed a spoken

“**I love comedians. They’re very dark. They usually tell too much truth about themselves and reveal too much, so I find I have a lot in common with them.**

Carrie Fisher

word performance on the album, which features a star-studded lineup of contributors also including singer Florence Welch, actress Helena Bonham Carter and Canadian icon William Shatner.

“I’m always talking in Shakespeare’s sonnets anyway, and he (Rufus) just happened to be around with some sort of recording device,” she deadpanned.

“I’m very big friends with Rufus. He has such a great relationship with music in different ways, whether it’s opera or contemporary musicals or Shakespeare. I mean, who gets involved in stuff like that? He’s very inventive.”

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FARMING

Ontario pair is growing tropical fruit in the north

Terry Brake was in a car crash 11 years ago that left him with a brain injury and forced him to quit his job as a mechanical engineer. He had to relearn how to walk and talk, and was unable to work longer than two hour stretches.

As part of his therapy, Brake was given a banana plant from his South African doctor to help relax him. That gesture planted an idea. When his longtime caregiver Laurie Macpherson bought a 40-hectare farm in Huron County the idea took seed. They became business partners and started a tropical fruit farm.

Growing bananas and papayas in Ontario's climate would appear to be an impossible endeavour without a sophisticated laboratory and team of horticulturalists. However, the two simply started seeding and grafting plants on their own and with lots of trial and error, it took root.

The cost of bananas is four for \$2 while papayas are \$3 each,

A business idea that's a little bananas

Terry Brake and Laurie Macpherson have started a tropical fruit farm in Blyth, Ontario. iSTOCK

compared to the average of \$1.20 and \$6 respectively at the big supermarkets.

Located in Blyth, about a three-hour drive west of Toronto, Macpherson and Brake needed a career change when they started the farm in 2010. The locals were skeptical when word got out they were growing bananas.

"We've been accused of growing pot or we were getting it from the food terminal," says

Macpherson, who was previously a law clerk for 25 years.

"So we had open houses, asking them to come in and see it for themselves."

A cluster of 10 banana trees with broad, fragrant leaves hits you in the face as you step deeper into the hoop house, essentially a giant plastic tent with metal arches grounded by wooden planks. The bananas are still green and won't be ready for market for another week, but Macpherson goes into her house to fetch a plate of Lady Fingers, a type of fat little bananas with thick skins, that's sweeter than the Cavendish, the variety produced for export markets.

A circular path along the perimeter of the house is dotted with pineapple plants, long spiky leaves poke your ankles as you

walk past trees sprouting guava, papaya and oranges. Brake, who acts as the farm's administrator, plucks a leaf from the lemon tree for me to smell. The scent was more intense than lemon zest.

"Our dream is to see growing everywhere and not have to depend on other countries and employ local people," says Brake. "We don't need to rely on boats or planes and we can have better tasting fruit that would otherwise rot during transport."

"We travel to the Dominican Republic and get tips from the plantations there. We also made a friend in Jamaica who works at a resort and showed us how to graft and grow the plants," says Macpherson. "We also learned that orange trees have to be constantly trimmed before they bear fruit, and that lemons have

to be picked before they turn yellow or else they rot quickly."

This year, they're introducing lychee, starfruit and passionfruit. The one crop that failed to flourish? Coconut. The cold-sensitive tree didn't survive the winter and the two thought it was too much trouble to replant it.

But how do the rest of the plants fare since Ontario is far from having a tropical climate? When temperatures start dipping, the hoop houses are heated by an outdoor furnace fuelled by wood cut down on the farm's property. "We do select cutting," says Brake.

"We have loggers cut trees from an area and we don't cut from it again for 20 years. We noticed in the last six years, our maple trees have gotten bigger because they have more room

FRUITS OF THEIR LABOUR

Here's just a few of the fruits that Brake and Macpherson have grown:

- Bananas
- Papayas
- Pineapple
- Oranges
- Lemons

to grow now."

The duo's efforts aren't being universally praised by the community, however.

The farm is currently facing multiple charges from the Township of Huron and Huron County as well as a single charge from the Maitland Conservation Authority for allegations including failure to obtain permits for its hoop houses as well as altering the wetland and clear-cutting on their property.

When contacted for a statement, The Township of Huron and Maitland Conservation Authority said they cannot comment on matters regarding ongoing cases.

Brake and Macpherson are scheduled to go to pretrial with the conservation authority in December and the next court date with the township is in October.

Brake is optimistic that the legal hurdles will clear by the end of the year. The two hope to expand operations and build 100 hoop houses on the property next year so they could reach other markets in Ontario like the GTA.

"The county put us in a pickle but we're here to stay," says Macpherson.

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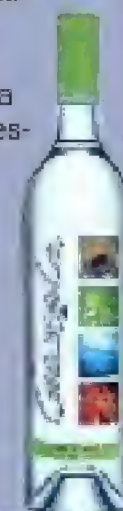
Equivalent to a medium Chocolate Dipped Cone from Dairy Queen in sugar

Chocolate milk is a favourite of kids and adults alike, and is seen as a fairly healthy way to get in one's milk intake. It gives you eight grams of good quality protein, and if you're working out intensely the carbohydrates help replace lost glycogen that gives you energy. If you're going to enjoy a chocolatey beverage, make sure it's regular lower fat chocolate milk and not a liquefied chocolate bar! The Cadbury Caramilk Caramel Chocolate Milkshake is not a milk alternative — it's got double the calories, fat and sugar.

LIQUID ASSETS

Vinho Verde perfect for summertime sipping

It's summertime and the drinking should be easy, with light, fruity reds and cool, crisp whites your go-to wines when the heat is on. Though the list of whites staking claim to the title of the quintessential summer sipper is long, for me those from the Portuguese region of Vinho Verde (which translates to green wine) deserve the crown. Located in the north western part of the country and stretching along the Atlantic coast, Vinho Verde grows close to 20 different white grape varieties. Typically low in alcohol with a slight hint of effervescence and bright acidity wines like Sogrape's Gazela Vinho Verde (\$9.05-\$12.99) are a natural match for warm days and seafood heavy menus. PETER ROCK-WELL/METRO



See the world at the Servus Heritage Festival

International pavilions represent more than 85 cultures

Organizers of this year's Servus Heritage Festival want visitors to experience as much of the world as possible over the three-day event. With 67 pavilions representing more than 85 cultures, the 2016 edition lets attendees do just that, says the festival's executive director, Jim Gibbon.

Gibbon's aim with the 2016 festival has been to represent more countries than in previous years. To that end, the festival is partnering with the Edmonton Mennonite Centre for Newcomers to sponsor a tent representing five cultural groups new to the festival. The Newcomers tent will display Barbados, Togo, Syria, Mali and Burundi, while new countries represented elsewhere on the grounds include Nigeria, Liberia and Puerto Rico.

"There is so much new this year," says Gibbon. "We have opened up a whole new section of the park," for the new pavilions, he says. What used to be the Caribbean tent is now Jamaican — and Somalia, Mexico, Spain, Tanzania and Uganda are all back. "This is by far the largest representation from Africa," Gibbon says. "It's exciting to have so many new faces this year."

The globetrotting extends to the festival's refreshments: Visitors, which each year number in the hundreds of thousands, can choose from more than 500 unique, culturally authentic foods and numerous non-alcoholic beverages sold during the festival. They'll also be treated to various cultural performances and get to shop for handmade crafts.

For a festival map that shows each country and the food menu, visit heritagefest.ca. Admission and programming are free.

It's a Kidzworld

There's a lot for families to see and do at the Servus Heritage Festival. The huge EIA Kidzworld pavilion located in the centre of Hawrelak Park features face painting, games, activities and crafts.

Festival-goers can also try their hand at golf: a \$1 donation gets you three chances to sink a putt at the Waterloo Putting Challenge, located near Kidzworld. All participants get entered into a draw for one of three mountain bikes. Entrance to the park is free but a food bank donation is appreciated.



CONTRIBUTED



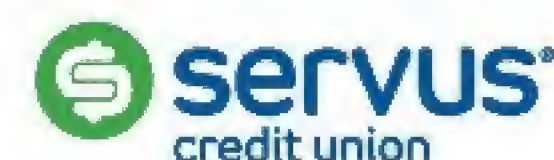
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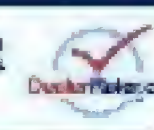


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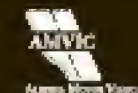
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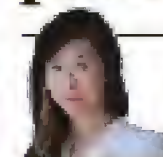
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An almost stress-free drive



REVIEW

New Fusion's features help take the pressure off



Jodi Lai
AutoGuide.com

My ex used to drive a Ford Fusion, so naturally, I don't have the best memories of it. I still get anxiety when I see an older version of the popular family sedan on the road in grey — although thankfully the latest edition looks and feels different enough that it doesn't give me anxiety!

Ford is trying to take the anxiety out of everyone's daily commute by giving the 2017 Fusion a more upscale look and massive upgrades.

Probably the most significant and stress-reducing improvement to the Fusion is the availability of an entire suite of driver assistance features: Active lane-keep assist, adaptive automatic high-beams, adaptive cruise control with stop and go traffic assist, automatic emergency braking with pedestrian detection, cross traffic assist (which can see cars up to 10 car lengths away), rear view camera, driver drowsiness alert, blind spot monitoring, and a new parking assistant that can park in parallel and perpendicular spots as well as help you exit a parking spot (both new features).

The best part of Ford's driver assistance tech is how intuitive and unobtrusive it is to use. The adaptive cruise control in par-

ticular was smooth and natural feeling. The fact it comes with stop and go, unlike many other cars with adaptive cruise, is a huge bonus that helps relieve the monotony of traffic jams.

Ford has gone to great lengths to ensure the Fusion's interior is smarter and more luxurious than before. You can even get quilted leather and ventilated seats if you want, and the interior punches above its price point. Perhaps the best change to the interior is the center console: the maddening touch-sensitive buttons are gone in favour of real, tactile buttons.

I spent most of the time driving in a Fusion equipped with the 2.0L engine, which exhibited a fair amount of turbo lag and had a tough time mustering the strength to do a pass on the highway. It should be sufficient for most drivers, but it definitely doesn't make the Fusion feel sporty.

The 2017 Ford Fusion gets updates that make it extremely competitive in the family sedan segment, which is still seeing huge sales despite the popularity of crossovers. Besides looking more luxurious on the outside and offering more luxurious trims on the inside, the most impressive update to this new Fusion is all the tech it gets.

There is a lot to be anxious about in today's world — bumping into exes, performance evaluations at work, worrying about how you will be judged for binge watching the entire latest season of Game of Thrones in one sitting — but the 2017 Ford Fusion does a really good job as a stress-reliever, and we need more of that in our frantic lives.

THE CHECKLIST | 2017 FORD FUSION

THE BASICS

Engine: 2.5L 4-cyl/1.5L EcoBoost 4-cyl/2.0L EcoBoost 4-cyl/2.7L EcoBoost V6
Power: 175 hp, 181 hp, 245 hp, 325 hp
Transmission: Six-speed automatic
Fuel Economy (L/100 km): 10 city, 7 hwy (1.5L)
Price: Starts at \$22,481



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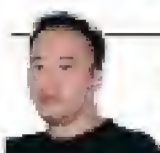
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LEAVE IT

- Feels Too Big
- Not Terribly Sporty

ENVIRONMENT

BMW 7 series lineup expands with plug-in hybrid variants



Jason Siu
AutoGuide.com

BMW has officially introduced the plug-in hybrid variants for its flagship sedan.

Borrowing technology from its i sub-brand, the BMW eDrive drive system technology is heading to the 7 Series in three forms: BMW 740e iPerformance, long-wheelbase BMW 740Le iPerformance and BMW 740Le xDrive iPerformance.

All three models feature a latest-generation four-cylinder

turbocharged engine paired to an electric motor to provide a total system output of 326 horsepower and 550 kilogram/metre of torque.

On the EU test cycle, the 740e iPerformance and 740Le iPerformance models have an all-electric range of 43 to 48 kilometres, while the all-wheel-drive xDrive variant returns 40 to 45 kilometres of all-electric driving.

Mated to the hybrid powertrain is an eight-speed Steptronic transmission that promises to deliver “outstanding

internal efficiency, top-class shift dynamics and shift comfort and a compact construction,” according to BMW.

Available as an option are gearshift paddles.

All told, the standard 740e iPerformance is capable of hitting 100 kilometres an hour from a standstill in 5.4 seconds, while the long-wheelbase 740Le model does it 0.1 seconds slower.

The xDrive variant is slightly quicker at 5.3 seconds.

An eDrive button will allow the driver to choose between

settings, with the Auto mode focusing on maximizing range, but will engage the gasoline engine at 80 km/h or under at heavy throttle.

The plug-in hybrid 7 Series models will come standard with auxiliary heating and cooling, which allows owners to prepare the cabin's interior temperature in advance.

The German automaker confirmed that the BMW 7 Series iPerformance plug-in hybrid will arrive in the U.S. this August with a starting price of \$90,095 U.S.



The plug-in hybrid 7 Series models will come standard with auxiliary heating and cooling. CONTRIBUTED

Hackers offered cash reward

GARIA GOLF CAR

The Mercedes of golf carts

If you have ever wanted to stand out on the golf course, Mercedes-Benz has the perfect tool for you. The German automaker has revealed the Mercedes-Benz Style Edition Garia Golf Car, as an attempt to reinvent the world of the golf cart. The company calls it a "real sports car," and it's the result of a collaboration between Mercedes-Benz designers, Daimler's Think & Act Tank Business Innovation and golf cart manufacturer Garia. Three years ago, Mercedes-Benz called on golf and automobile enthusiasts from around the world to submit their ideas for a Mercedes-Benz golf cart of the future. Through the process, the automaker found that golf carts have been unchanged for decades, and the designs submitted showed that the golf cart was long overdue for a makeover. The best submissions from the competition actually spurred the process for Mercedes to develop the golf car. Featuring short front and rear overhangs, the company says it slightly resembles a baseball cap, helping make it look low and sporty.

JASON SIU/AUTOGUIDE.COM



WHEELS ROUNDUP

News driving the auto industry brought to you by AutoGuide.com

+ WHEELS BRIEF

New Tesla Model X 60D Brings \$9K Price Cut

Tesla has introduced the new base-level Model X 60D which brings the price of entry down to \$75,200 U.S. before incentives.

The new 60D can travel 322 kilometres on a full charge, about 60 kilometres less than the previous base model, the 75D, though it also costs \$9,000 U.S. less.

Horsepower, top speed and 0 to 97 km/h time all stay the same for the new model, pegged at 328 hp, 225 km/h and six seconds respectively.

Tesla didn't specify if the Model X 60D is akin to the new Model S 60 in that there is actually a 75 kWh battery pack on board which has been limited. In the Model S, customers are offered the chance to upgrade range and power.

STEPHEN ELMER/AUTOGUIDE.COM

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HANDOUT

OLE YELLER

Tribute to a fighter plane

Say hello to the Ole Yeller Mustang, a tribute by Ford to an iconic fighter plane. This one-off Mustang will be sold at auction with benefits going to the Experimental Aircraft Association's youth education program, including the Young Eagles, a program which provides free intro flights to young people. A custom yellow paint job along with Ole Yeller accents and badging are fitted to set this car apart.

STEPHEN ELMER/AUTOGUIDE.COM

INCENTIVES

FCA gives money to hackers that expose security risks

Fiat Chrysler Automobiles is taking a page from Tesla's book by offering hackers a cash prize for discovering potential cyber security weak points. Called the FCA U.S. bug bounty program, hackers will receive at least \$150 and up to \$1,500 per bug discovered, with the compensation amount depending on the impact and severity of the discovery. FCA has teamed up with bugcrowd, an existing network that includes thousands of hackers worldwide, all trying to discover issues in cyber security. Last year, a Jeep Cherokee was remotely hacked by a team of researchers who were able to control many of the vehicle's functions, from the HVAC controls to the brakes. More recently, a thief was shown starting a Jeep Wrangler using only a laptop. STEPHEN ELMER/AUTOGUIDE.COM



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WHEELS

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SL AWD Premium
model shown*

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Platinum
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Jays add depth in outfield

MLB

Upton acquired in trade with San Diego

The Toronto Blue Jays addressed two needs with one deal Tuesday by acquiring Melvin Upton Jr. from the San Diego Padres for a low-level pitching prospect.

Upton's addition gives the team a quality veteran backup outfielder for the stretch drive and also provides stability next year in the event of free agency departures.

General manager Ross Atkins said he started talking with the Padres when right-fielder Jose Bautista suffered a toe injury in mid-June.

"What attracted us to (Upton) was several things: the defence at all three positions, speed, base-running, base-stealer, power, versatility and depth," Atkins said. "So I feel great about some of the pieces in the minor leagues, but adding him to our major-league team now and having another year of control seemed to make sense for us."

The Blue Jays also received cash from San Diego in return for 19-year-old Hansel Rodriguez, who's in his third season with Bluefield in the rookie-level Appalachian League.

Upton, 31, had a .256 batting

average over 92 games with San Diego. He hit 16 home runs and had 45 RBIs, 20 stolen bases, a .304 on-base percentage and .439 slugging percentage.

In his Jays debut, Upton made a pinch-hit appearance against his former team on Tuesday night in Toronto and grounded into a fielder's choice.

"He's having a nice year," said Blue Jays manager John Gibbons. "So we think he'll add something."

Bautista returned Monday night after missing over five weeks of action. Michael Saunders is enjoying an impressive season in left field and Kevin Pillar is the everyday centre-fielder.

Upton said he hadn't yet talked to Gibbons about his defined role on the team.

"He said I was going to play, that we didn't bring you here just to have you here, that I was brought to the team to (help them) win," Upton said. "What that might be, I don't know. From what I understand, I'm going to be seeing a lot of lefties. I'm good with that. And whatever else he needs me to do, I'm up for it."

Upton is particularly strong against left-handed pitchers and could be slotted in at the leadoff spot if needed. Barring injury to one of the regulars, he'll likely be used as a late-inning replacement or when a starter needs



Melvin Upton Jr. takes the field during batting practice wearing his new colours.

STEVE RUSSELL/TORSTAR NEWS SERVICE

a rest day or is moved into the designated hitter spot.

Bautista and Saunders are in the final year of their respective contracts. Upton, meanwhile, is in the fourth year of a \$75.25-million US, five-year deal he signed with Atlanta before the 2013 season.

Upton will earn \$16.45 million next year. Atkins declined comment on financial details but reports indicated the Padres will pay about three-quarters of Upton's remaining salary.

Upton was selected by Tampa Bay with the second overall pick in the 2002 draft and made his big-league debut with the Rays in 2004. THE CANADIAN PRESS

WITH FILES FROM THE ASSOCIATED PRESS

Toronto spins wild pitch into walkoff

Devon Travis scored on a wild pitch in the bottom of the 12th inning, as the Toronto Blue Jays came from behind to beat the San Diego Padres 7-6.

Travis scored on a wild pitch from San Diego reliever Paul Clemens, who also walked two batters in the final inning. The Blue Jays (57-44) also manufactured a run in the seventh inning aided by wildness from the San Diego bullpen, with reliever Brad Hand walking two batters and throwing two

TUESDAY In Toronto



wild pitches.

Travis's run capped a wild 12th inning. The Blue Jays went into the bottom half trailing 6-4, but Kevin Pillar and Darwin Barney scored ahead of Travis. THE CANADIAN PRESS

+ MORE BASEBALL

White Sox 3, Cubs 0

James Shields allowed four singles in 7-2/3 innings, Adam Eaton homered and the White Sox stayed unbeaten since Chris Sale's suspension by beating their crosstown Chicago rival Tuesday night.

Indians 7, Nationals 6

Francisco Lindor pushed an RBI single through Washington's drawn-in infield with one out in the ninth inning, and the Indians rallied for three runs in their final at-bat to stun Washington 7-6 in a matchup of two first-place teams in Cleveland.

Rockies 6, Orioles 3

Carlos Gonzalez and Trevor Story had two RBIs apiece in a four-run third inning, and Colorado beat Chris Tillman and the Orioles 6-3 in Baltimore to end the O's five-game winning streak.

Mets 3, Cardinals 1

Cardinals 3, Mets 2

Bartolo Colon pitched three-hit ball for seven sharp innings and the Mets overcame another home run by Jedd Gyorko to beat St. Louis 3-1 Tuesday night in New York for a doubleheader split.

Gyorko homered in both ends and has connected seven times in nine games. His two-run shot helped St. Louis win the opener 3-2.

THE ASSOCIATED PRESS

Im excited to join my new @BlueJays teammates today and can't wait to help continue the winning tradition that's been built here. #letsgo @MelvinUptonJr

CHICAGO

Chapman fuzzy on details of lecture

Star closer Aroldis Chapman joined the Cubs on Tuesday, arriving to a mixed reaction in Chicago and saying he couldn't remember what management told him about off-field expectations and behaviour.

After Chapman's awkward introductory news conference, Cubs president of baseball operations Theo Epstein insisted Chapman understands what the Cubs expect of him.

Chapman, who was accused of choking his girlfriend and



Aroldis Chapman GETTY IMAGES

firing eight gunshots in the garage of a Florida home in October, converted 20 of 21 save chances for the New York Yankees this season. THE ASSOCIATED PRESS

IN BRIEF

Stoudemire calls it quits

Amare Stoudemire has retired from the NBA after signing his final contract with the New York Knicks.

Stoudemire's greatest team success came in Phoenix as Steve Nash's pick-and-roll partner, but he chose to leave the NBA as a member of the Knicks, the team that had a lengthy playoff drought that ended after he signed there in 2010.

Stoudemire was a six-time all-star.

THE ASSOCIATED PRESS

Packers' Nelson not worried about latest knee setback

Green Bay Packers receiver Jordy Nelson, who is starting training camp on the physically unable to perform list, says he had a minor issue with his left knee this off-season.

Nelson called it a "little hiccup," and that he wasn't worried about it. Coach Mike McCarthy also says he has no long-term concern with Nelson's health.

Nelson missed the entire 2015 season with a torn right ACL. THE ASSOCIATED PRESS

CFL

Sprained knee will cost Ray 3-6 weeks

Toronto Argonauts quarterback Ricky Ray will miss the next three to six weeks with a sprained medial collateral ligament.

Ray injured his left knee during the fourth quarter of Monday night's 30-17 win over the Montreal Alouettes at BMO Field.

Ray left at 10:16 of the fourth quarter and didn't return after

Montreal defensive lineman Vaughn Martin rolled into his knee.

Toronto head coach Scott Milanovich said Monday night that Logan Kilgore would start under centre if Ray had to miss time with the injury.

The 3-2 Argos will play next on Sunday against the Redblacks in Ottawa.

THE CANADIAN PRESS



The one that won't leave Lefty's mind

PGA CHAMPIONSHIP

Mickelson still ruing British Open loss ahead of Baltusrol

If you thought two weeks was enough time for Phil Mickelson to get over his second-place finish in the British Open duel with Henrik Stenson, guess again.

Lefty said it's going to take a long time to get over the British Open, probably longer than any of his other excruciating losses in a major.

The hurt and disappointment wasn't because Mickelson missed out on either his sixth major or his first win since the 2013 British Open. This was the first time the 46-year-old Mickelson played his best and it still wasn't good enough.

The 40-year-old Stenson won his first major with a record-shattering 20-under total.

"I think it's one of those things where I'll look back over time and my disappointment will probably increase, because I think it's the first time in my career that I have played to that level of golf and not had it be enough to win a tournament," Mickelson said at practice to prepare for the PGA Championship at Baltusrol Golf Club in Springfield, N.J. "That's a disappointing thing because I would have loved to have added another claret jug."

Jordan Spieth, who played a practice round with Mickelson on Tuesday, walked over to his playing partner and told him it was fun to watch him and that he was unlucky not to win.

"And that's when he said,



“It's one of those things where I'll look back over time and my disappointment will probably increase.”

Phil Mickelson

STUART FRANKLIN/GETTY IMAGES

"Hey, I've been on that side of things (lately), Masters in '15 and Troon even more so two weeks ago," Spieth said. "But then he's seen himself on the other side of things where no one is running away with it and he wins in a close battle or he wins by a lot, whether it's in a major or regular tour event."

Mickelson believes he will win again. He feels his game is improving, his swing is back and he likes the course. He validated his first major — the 2004 Masters — by capturing

the 2005 PGA at Baltusrol with a 72nd hole birdie.

His goal this week is to play as well as he did at Troon.

"I don't believe that there is a small window," Mickelson said of winning again. "I think there's a really big window of opportunity to add to my résumé, to continue to compete in big events, for the simple reason that the feel and sensitivity of hitting shots, the ability to play golf courses a certain way, to visualize, to make birdies, to pull shots off — that has not

diminished."

What many people would like to see would be another Mickelson-Stenson showdown.

Stenson said he has not had a chance to talk with Mickelson since The Open.

"It's one of those things; it doesn't really strike you when you're in the middle of it," Stenson said. "But afterward, with the 63 and the 20-under and the way we played, we pushed each other to the limit, both of us, for 36 holes more or less, and trading punches and blows all the way around the golf course for two days. That certainly is what made us play so well. We both wanted it badly and we performed so well because of each other." THE ASSOCIATED PRESS

267

Phil Mickelson's 265 final total at Troon would have won every British Open other than the most recent one.

LEAGUE FIRST

Ref Thomas happy to move on to Year 2

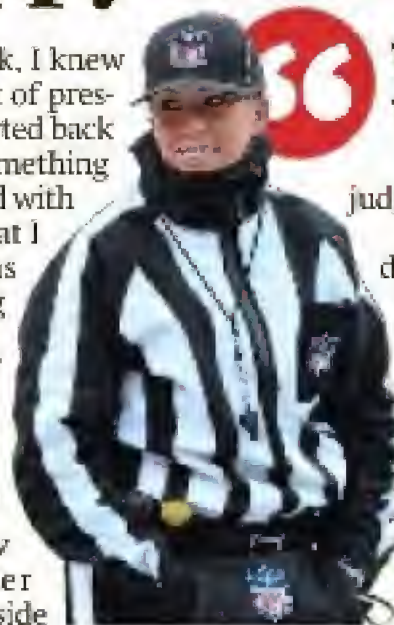
Sarah Thomas was never hit by the pressure of being the first woman to be a full-time NFL game official until after her first season on the job.

It wasn't until this past off-season that Thomas pondered what really happened after accomplishing her goal, which was to work full-time at football's highest level and not necessarily be a trailblazer in doing so.

"When I first started all this last year, I said I don't feel the pressure of it or anything like that, and I don't feel as if I did during the season," she said. "But

once I reflected back, I knew that there was a lot of pressure... When I reflected back on it, I thought if something major had happened with being a first, not that I recognize myself as that, but just being a first, that it could have gone one of two ways. So I'm glad that it was a very smooth, under-the-radar, fast year."

Thomas is now preparing for her second season as a side



“We just want to be officials; we want to go unseen.” Sarah Thomas

judge.

Dean Blandino, the NFL's vice-president of officiating, said Thomas "had the same bumps" as any first-year official.

"It was obviously big news last year, but she

handled everything so well and she had such a poise and grace about herself," Blandino said this month at the NFL's annual officiating clinic. "It's a challenge for any first-year official. For a first-year official to also be the first female official, there were a lot of other challenges that came with that, and she handled everything really well and had a good season."

THE ASSOCIATED PRESS

DOPING SCANDAL

Russian suspension tally reaches 85

At least 85 athletes from the 387-strong Russian Olympic team announced last week have so far been barred from the Rio Games in connection with the country's doping scandal.

International federations in canoeing and modern pentathlon ruled out seven on Tuesday, including an Olympic gold medalist, following earlier rulings in swimming and rowing. Some appeals are likely.

Russian President Vladimir Putin's spokesman Dmitry Peskov told Russian media that Putin had discussed the doping issue with his national security council.

"The topic of the recent International Olympic Committee ruling relating to Russian athletes was raised ahead of Putin's planned meeting tomorrow with the Russian Olympic team," Peskov was quoted as saying.

The vast majority of the Russian athletes who miss

out are in track and field, where 67 athletes were ruled out when a ban on the Russian team was upheld at the Court of Arbitration for Sport last week.

More are falling foul of new rules imposed in the wake of the country's doping scandal.

While Russia avoided a blanket ban from the International Olympic Committee, it has lost several medal contenders to new IOC rules imposed Sunday banning Russia from entering athletes who previously doped.

Alexander Dyachenko, who won gold in the men's double kayak 200 metres at the 2012 London Games, was among five canoeists ruled out after being named in a recent report by World Anti-Doping Agency investigator Richard McLaren alleging a state-sponsored doping cover-up. THE ASSOCIATED PRESS

Alexander Dyachenko
GETTY IMAGES

ROGERS CUP

Shapovalov arrives ahead of schedule

Gilbert Ngabo
Metro | Toronto

With a victory over Nick Kyrgios in the first round of the Rogers Cup on Monday, Denis Shapovalov showed the world he's ready for prime time. The 17-year-old Canadian dispatched the world No. 19 in three sets in front of his hometown crowd, delivering a performance that left his coach Adriano Panatta stunned.

"Yesterday was as far as I thought he would go," Panatta told Metro. "Anything more would be a bonus. For his age right now, he's already exceeded my expectations."

Hailing from Thornhill, Ont., Shapovalov grew up watching Milos Raonic and has tried to

model his game after his big-serving countryman.

The formula seems to be working. Shapovalov won the Wimbledon junior title two weeks ago and was a runner-up in doubles.

Fuorivra said Shapovalov's game has matured in the past two years. His serve is developing nicely, his forehand is improving and his overall athleticism is continuing to grow, he said.

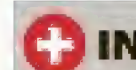
But perhaps most importantly, his mental toughness is starting to show.

"When a player can go through some draws and beat some good players, confidence shoots pretty high," said Fuorivra.

The coach says Shapovalov's success is a testament to the depth of tennis both in Toronto and nationwide and a sign Canadians could soon be hoisting some of the sport's top trophies.

In addition to new challenges on the court, Fuorivra said, his charge is also learning to deal with life in the spotlight.

"He's just your average kid who loves playing tennis," he said. "He's out there signing autographs, taking pictures with everybody. He's handling it pretty well."

Denis Shapovalov
GETTY IMAGES

+ IN MONTREAL

Eugenie Bouchard thrilled her hometown crowd with a 6-3, 3-6, 7-6 (3) win over Lucie Safarova in the first round of the women's Rogers Cup on Tuesday.

Bouchard fell behind 3-1 in the tiebreaker but then put up six straight points, taking the win on Safarova's double fault on match point in a nearly sold-out Uniprix Stadium. THE CANADIAN PRESS

RECIPE Chicken with Black Bean and Corn Salad

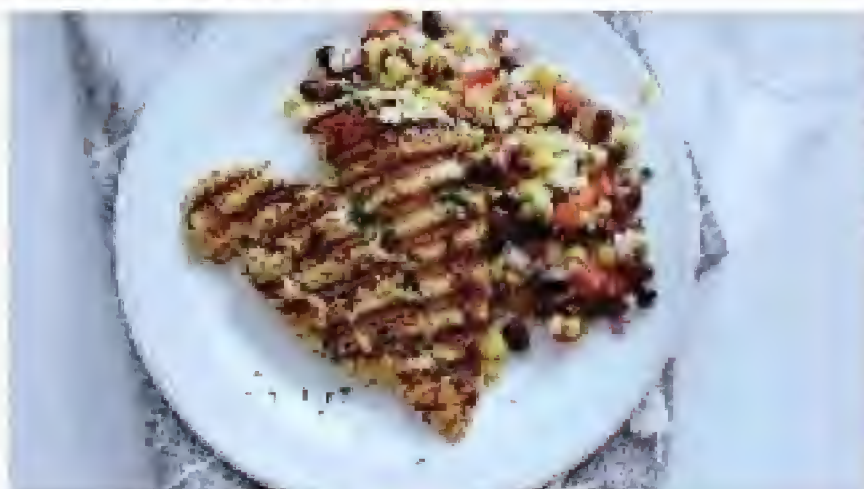


PHOTO: MAYA VISNENI

Ceri Marsh & Laura Keogh
For Metro Canada

This dish is a dinner trifecta thanks to a simple marinade, flavorful salad and 20-minute cook time.

Ready in
Prep time: 10 minutes
Cook time: 20 minutes
Makes: 4 servings

- Ingredients**
- 2 chicken breasts
 - 2 cups (475 ml) fresh or frozen (thawed) corn kernels
 - 1/2 cup finely chopped red onion
 - 2 cups (475 ml) cooked black beans, rinsed and drained
 - 1 red bell pepper, cored, seeded and chopped
 - 1/3 cup (80 ml) cilantro leaves, finely chopped
- Marinade**
- 2 Tbsp (30 ml) fresh lime juice
 - 1/4 cup (60 ml) olive oil
 - 1 Tbsp (15 ml) honey
 - pinch salt and pepper

- Dressing**
- 2 Tbsp (30 ml) fresh lime juice
 - 2 Tbsp (30 ml) olive oil
 - 1 tsp (5 ml) honey
 - Pinch salt and pepper

- Directions**
1. Preheat your grill. Place your frozen corn in a bowl to thaw.
 2. In a bowl, whisk together your marinade ingredients. Use about 2/3 of it to coat your chicken.
 3. Rinse onions and place in bowl with black beans, red pepper and cilantro. Mix the dressing and pour over mixture. Stir in the corn.
 4. Grill the chicken for 10 minutes over medium/high heat. Flip and grill for 10 more. Serve chicken with the mixture. Top with cilantro and a squeeze of lime.

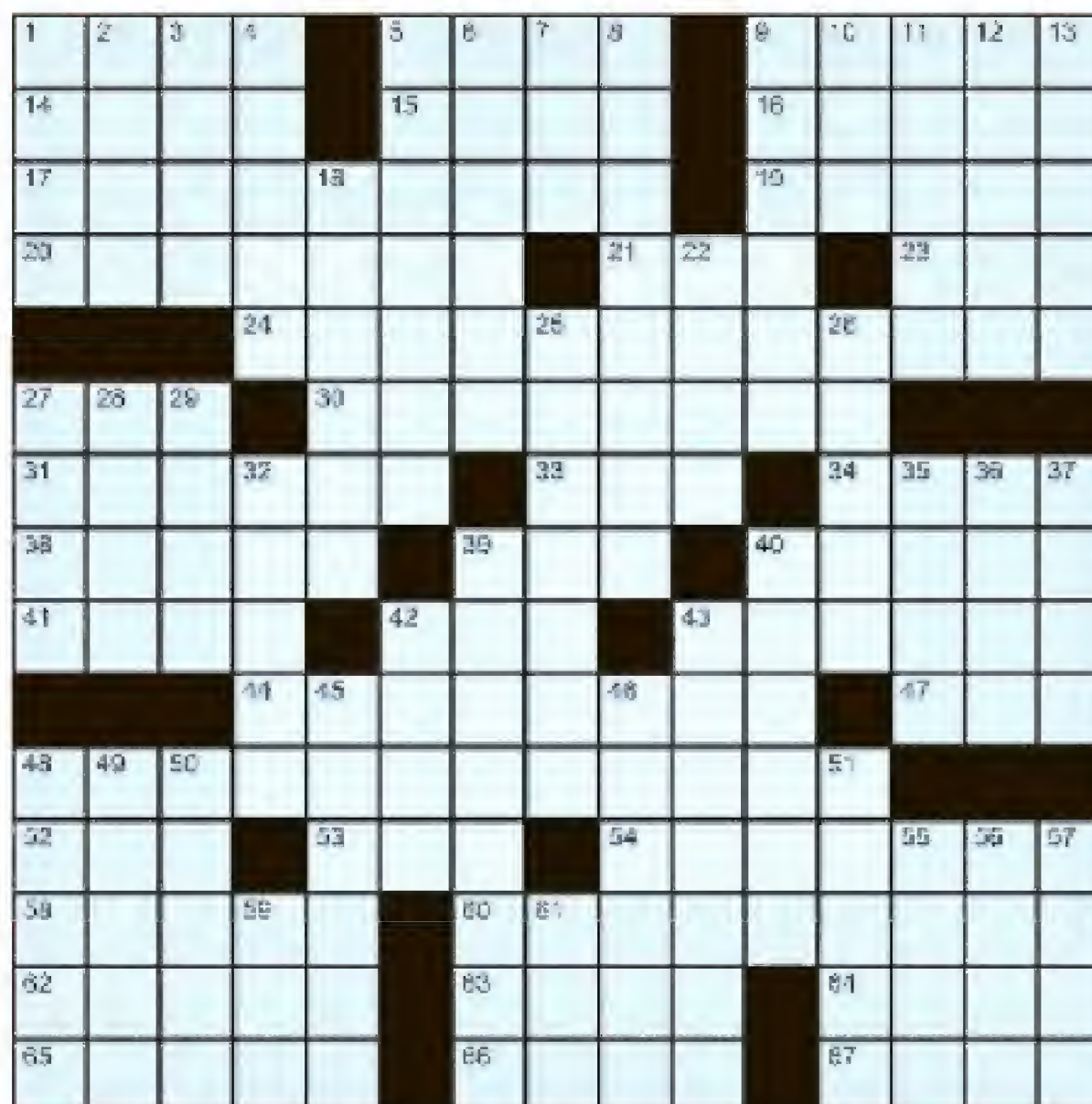
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Become dry, as lips
5. Suffix with 'Poet'
9. Certainly, casually
14. Wee writer
15. Connecting point
16. Anna Paquin movie, "The _" (1993)
17. Get scared in the haunted house: 3 wds.
19. Tranquil
20. High-ranking fleet officer
21. Pre-lah note
23. Mr. Rock
24. Canadian coffee/snacks chain: 2 wds.
27. Snowy _
30. Verve
31. Tap
33. Oz character's coating
34. Trails
38. Panache
39. Ceiling
40. _ moment (Perfectly sentimental time for a snapshot)
41. Curved music symbol
42. Sidekick
43. Change NaCl by dissolving it into water to become Na⁺ and Cl⁻
44. Way one carries oneself
47. Shooting marble
48. Canned fish for Canadian seafood brand Clover Leaf: 2 wds.
52. "Goodness!"
53. Comic actress Ms. Poehler
54. Mane mesh
58. Did tannery work, say



DOWN

1. _ Grande Ruins, in Arizona
2. Tinted
3. "Up and _" (Rise and shine!)
4. "Why Can't I?" singer Liz
5. Populate
6. "Cut that out!"

- 2 wds.
7. Web pop-ups, e.g.
8. Accidentally blurts out the secret: 2 wds.
9. Consequence
10. Chart-topper
11. Verse form of Japan
12. Without il-

- lumination
13. Carries
18. "Sesame Street" character
22. Norse deity
25. Cape Breton fiddler Ms. MacMaster
26. Hosiery material
27. Does in, hit-man-style

28. Partition
29. Hawaiian feast
32. Approximately, in dates
35. Mine passage
36. Strip by the Mediterranean Sea
37. Misrepresent
39. Traveller's tote
40. Walter _ (Chekov on "Star Trek")
42. Graduation ball
43. Some lizards
45. University in Wolfville, Nova Scotia
46. Comfy
48. Turkish honorifics, variantly
49. Georges Bizet's operatic priestess
50. Darken
51. Illegal intentional ignition
55. Sportswear brand
56. Change
57. Souvenir shirts, shortly
59. Tide variety
61. Don't truth-tell

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
An unexpected social invitation might come your way today, because this day is full of surprises that can even affect your children. To be safe, guard your kids against accidents.

Taurus April 21 - May 21
Stock the fridge today, because surprise company likely will drop by. Meanwhile, your home routine might be interrupted because a small appliance might break down. (Groan.)

Gemini May 22 - June 21
Spontaneous, unexpected events will change your daily routine today. An unexpected short trip is an example. You will enjoy meeting new faces, seeing new places and learning something unusual and different.

Cancer June 22 - July 23
You're full of clever moneymaking ideas today. However, finances are unpredictable. Keep your eyes open! Double-check all money transactions. Keep your receipts for spontaneous purchases.

Leo July 24 - Aug. 23
Today you're restless and eager to do something fresh and different. Stay light on your feet so you can go with the flow. Accept spontaneous invitations.

Virgo Aug. 24 - Sept. 23
Unexpected secrets might come out today. Or you might make a breakthrough in some kind of research or study of the past. You might discover an old photo album.

Libra Sept. 24 - Oct. 23
This is an exciting, stimulating day! Stay active so that you can avoid boredom. Your problem-solving abilities are tops, because you're thinking fast and your intuition is strong!

Scorpio Oct. 24 - Nov. 22
Bosses, parents and VIPs likely will surprise you today in some way. If offended, do not quit your day job. Be open to new suggestions and new ways of doing things.

Sagittarius Nov. 23 - Dec. 21
Sudden travel plans will fall in your lap today. In fact, you will love anything that introduces you to foreign countries or different cultures.

Capricorn Dec. 22 - Jan. 20
Stay in touch with your bank account because something unpredictable might affect your shared property, taxes, debt and finances.

Aquarius Jan. 21 - Feb. 19
Make plans to socialize with a friend or partner today, because you don't want to be bored. Conversations with others will have an exciting, electric quality.

Pisces Feb. 20 - March 20
(Feb. 19 to March 20)
New technology might be introduced at work today. Perhaps a new staff member? Something unusual will make your workday exciting and different.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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